



Hello children's mental health champions!

Time to vote! [In-person voting](#) is still happening today (Tuesday, April 7<sup>th</sup>). Absentee ballots must be postmarked today ([according to this U.S. Supreme Court ruling](#)); probably safest to [submit in drive-thru](#)! If you go out of your house, [continue best health practices](#), now including [face-coverings](#); otherwise, follow the [Safer at Home order \(Español\)](#). On your Milwaukee ballot will be the Wisconsin Supreme Court (which [today show-cased how this election can impact Wisconsinites](#)), the Milwaukee County Executive (see [here](#) and [here](#) for candidate interviews), the Milwaukee Mayor ([here](#) and [here](#) for interviews), a statewide referendum for Marsy's Law (see [here](#) for overview, [here](#) for opposition, and [here](#) for support), a local [referendum for Milwaukee Public Schools funding](#) (link includes a survey on how the money should be used). [Check your ballot here for other important city, county, court positions in addition to the presidential primary](#)

Learn the latest about the election with [Wisconsin Disability Vote Coalition](#) through [Zoom](#) (Meeting ID: 241 289 876 or call 1-312-626-6799) today (Tues., April 7<sup>th</sup>) at 8:00 AM. Share this [FAQ](#), voter hotline (1-844-347-8683), and other resources far and wide, [even with your cousins](#).

Surround yourself with good vibes and ignore the bombardment of resource emails by going to the [CCMH COVID-19 webpage](#) for inspiring stories, local news, ways to help, and support for parents, for nonprofits, and for all areas of mental health. Share the good news with your network! **We now have 450 people** receiving cutting edge children's mental health information! Get people to sign up directly [here](#).

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### CCMH Strategy & Value Highlights:

- **Lived Experience Leadership (Systems Change - Power Dynamics):** Catch a CCMH webinar! [Register here](#) for "Authentic Community Engagement: Made in Milwaukee" on April 16<sup>th</sup>, 11:00 AM to noon with [The Institute for Child & Family Well-Being](#) (host) and [Reggie Moore](#), Director of [Milwaukee's Office of Violence Prevention](#). Explore why community engagement is critical to social change and the challenges & benefits associated with this collaboration.
- **Early Intervention:** We can be concerned for our youngest kids [who may be infected by COVID-19](#) and also remember that [this](#)

[early experience will shape the brains of all young kids.](#) This will happen in different ways depending on a number of factors. Kids with [autism spectrum disorder](#) will need different supports. All kids will need [social-emotional learning skills](#) directly related to COVID. You can [support these protective factors in families through this webinar](#) this Thursday, April 9th, 2:00-3:00 PM.

- **Racial Equity**
  - [Equip yourself with equity resources](#) like [a game app](#) to understand concepts or [activate these creative ways to solicit feedback](#) virtually, from kids, and, overall, equitably.
  - **April 10th, 9:00-10:00 AM** - [Social Determinants of Grief: The Impact of Black Infant Loss.](#)
  - [Bigotry against Asian-Americans](#) is widespread alongside the COVID pandemic and is based in [deep-rooted fear of "the perpetual stranger"](#) and [you can help report it.](#)
  - Amid the [biases of health care](#) and the effects of COVID on [communities of color](#) such as the Milwaukee North Side, [one MKE neighborhood is figuring it out.](#)
- **Systems Change - Resource Flow:** [Now is the time](#) for philanthropy to give more. It is time for funders [to be bold.](#) Foundations are eliminating barriers that have existed for decades, including [adding flexibility, checking in with grantees and listening to needs,](#) moving money quickly, [converting grants to general operating support,](#) and using the [collateral in their endowments.](#) Relatedly, [this is a guide for funders to support the 2020 Census](#)
- **Systems Change - Mental Models:** Nonprofit leaders (boards, directors, etc.) also must be bold as they re-imagine their strategy ([using this helpful resource](#)), [manage change in uncertain times,](#) or [otherwise address this situation.](#) As the [Center for Story-Based Strategy](#) put it, *"so many solutions are suddenly possible... now is the time to dream, to cultivate our radical imaginations... because we have an opportunity of a lifetime before us: to lead in a moment of a massive unveiling of existing truths, equipped with the hopes and dreams of all our movements."*
- **Systems Change - Policy/Practice** - [this map](#) guides you to state-by-state telehealth Medicaid expansions. The [APA \(American Psychological Association\)](#) [continues to urge](#) states to work on access to mental health services. Whether [kids, LGBTQ students pregnant moms,](#) or [essential workers \(especially health services\),](#) the [mental health system must be bolstered to meet this demand](#)

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## CCMH Partner Highlights:

- **Super Helpful Resources – Rogers InHealth & WISE** – Let's name what is happening with COVID-19: [grief](#); [adjustment](#). Whether we have experienced or anticipated the loss of events, relationships, or mobility, it's been uncomfortable. [Rather than aim to be a superhero](#) (super parent, athlete, remote worker, etc.), [take a deep breath](#) and set your expectations lower (i.e. more realistic).

[Here are tips to do so and stay resilient in a way that works for you](#)

- **Super Helpful Resources** - Many [WI foundations](#) have [responded](#) to COVID-19, including [Northwestern Mutual](#) and [Greater Milwaukee Foundation](#). The [Medical College of Wisconsin](#) recently closed their rapid-response funding whereas [Wisconsin Partnership Program just opened](#) theirs (due **April 15<sup>th</sup>**). Funding is also available for [Safe Summer Healing Projects](#) with **RECAST MKE** (due **April 10<sup>th</sup>**).
  - **Webinar/Training** - also **RECAST MKE** - [Register here](#) for **Tuesday (10:00 AM to noon)** virtual trainings **this month**. Topics include QPR suicide prevention and trauma & substance misuse.
  - **Webinar/Training - The Retreat** - Join the [Folk School](#) learning series this spring. [Courses](#) include social media training, creating a website, goal mapping, and the Black Womxn's Dream Lab.
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### More Highlights:

- **Make Your Voice Heard:**
  - Once per person, at the time you or they are sick, [complete this survey](#). Help the science on COVID-19!
  - [Save Organizations that Serve \(SOS\) America Act](#).
  - Continue to make sure that [people with disabilities are not targeted/excluded from legislation](#) and that any [accommodations made for remote work be considered in light of disability rights movement demands](#).
- **Super Helpful Resources:** State data [maps of 211 service calls](#).
- **Super Helpful Resources:** [Here is a toolkit](#) to help you understand how you benefit from the Coronavirus Aid, Relief, and Economic Security (CARES) Act. [Here is an FAQ](#) from Senator Baldwin on how it supports Wisconsin workers and families. You can [find more details summarized here](#) and an NPR opinion on [how more help is still needed](#) (even as [others praise elements like the mental health aid](#)). Nonprofits can use [this guide](#) to access capital from the act.
- **Super Helpful Resources:** [See the summary of findings](#) from the [Milwaukee Nonprofit Needs Assessment](#) by Pivot ([full data here](#)).
- **Webinars/Trainings - Tamarack Institute** - Check out their event listing for webinars like [The Changing Role of Philanthropy \(April 20th\)](#), [Mushkiki Healing Self and Systems \(April 21st\)](#) [The Role of an Individual in Systems Change \(May 12th\)](#).
- **Jobs**
  - [Early Education Teachers](#) - COA Goldin Center
  - [Parent Educator & Mental Health Supervisor](#) - Next Door
  - [AmeriCorps Member](#) - City Year Milwaukee

- [AmeriCorps Farm to School Specialist](#) - Wisconsin Department of Public Instruction
- [Social Security Disability Advocate](#) - Community Advocates
- **Newsworthy**
  - [Wisconsin Division of Care and Treatment Services \(DCTS\) 2019 annual report](#)
  - [Libraries as mental health hubs](#)

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