



Hello children's mental health champions!

September is Suicide Prevention Month. As the pandemic continues, the emotional well-being of young people experiencing loss, fear, isolation, and uncertainty has been significantly impacted. This year more than any other, it's important to educate ourselves and our communities about what can be done to prevent suicide and support mental health interventions. Resources for awareness, prevention, and support are available at the websites for the [Child Mind Institute](#), [Prevent Suicide Greater Milwaukee](#), and the [American Foundation for Suicide Prevention](#).

The November election is approaching! **September 22nd** is National Voter Registration Day! Make sure you're #VoteReady by checking your voter registration, learning about [options for casting your ballot](#), and seeing [what's on your ballot](#). For further action, there's a [toolkit for nonprofit community-based organizations](#) to mobilize voters and a digital [National Voter Education Week](#) taking place **October 5-9**.

MHA encourages you to vote early before the **November 3rd** election date, and to vote with mental health in mind. The [Kaiser Family Foundation](#) issued a [brief](#) exploring the data and where the two presidential candidates stand on addressing the public mental health crisis. Also, Mental Health for US, a coalition of mental health organizations, compiled [helpful resources on their voter page](#) about registering to vote, changes to voting in your state due to COVID-19 (Vote.org), and holding virtual voter registration drives. For guidance on voting absentee, see the DVC [Absentee Voting Fact Sheet for the 2020 elections](#).

In local goings-on, [The Tandem](#) restaurant near 18th and Fon du Lac in Milwaukee has been giving out free family-style meals to community members who pick them up **every Friday from 11:00 AM to 4:00 PM**; has a [community fridge](#) outside that is stocked with produce and pantry items (located at 1848 W Fon du Lac Ave); AND will be hosting **FREE** tutoring sessions for students in grades 4-10, beginning **September 15th**. What an amazing community resource provider!

Thank you for reading and sharing! We now have over **500 people** signed up to receive ways to advocate, super helpful resources, grant opportunities, local events, and cutting edge research and news related to improving the mental health of our youngest kids and their families.

Behavioral Health in the COVID-19 Pandemic

- The pandemic is having [harsh effects](#) on vulnerable families. [The Developing Mind](#) is a free virtual event that will cover how we can best support our children's well-being while COVID multiplies the threats posed by poverty and other challenges. Tune in on **Tuesday, October 6th, 2020, at 7:00 PM CDT**. Learn more and register [here](#). You can also join United Way on **Thursday, September 24th from 11:30 AM to 12:30 PM** for the event [Lunch & Learn: COVID-19 Through Children's Eyes](#).
- For more resources on COVID, the [Medical College of Wisconsin's COVID-19 Resource Page](#) has up-to-date resources, infographics, and more. A Spanish language resource guide can be accessed at [COVIDGuida.org](#).
- CCMH has a user-friendly [Guide to Milwaukee Area Mental Health Resources](#). Explore the UW-Madison Center for Healthy Minds [toolkits and resources for well-being during the pandemic](#), check out the National Alliance on Mental Illness [COVID-19 Resource and Information Guide](#), and read new and relevant articles on the [Rogers Behavioral Health blog](#).

CCMH Strategy & Value Highlights

SOCIAL-EMOTIONAL LEARNING (SEL) - *Super Helpful Resources*

- As a result of the pandemic, more children are grieving— both the deaths of loved ones and the loss of predictability and stability. A [new study](#) of parents of grieving children indicates higher concern for mental health than physical health during the pandemic. From **6:30-8:30 PM on Wednesday, September 30th**, the event [Conversations with Kids During Times of Uncertainty](#) will teach strategies to help children emotionally, behaviorally, and psychologically deal with what they hear in the adult world and do not understand.
- Join [REDgen](#) and [Boswell Books](#) at **7 PM on October 6th** for a FREE virtual event with Dr. Abigail Gewirtz, child psychologist, leading expert on families under stress, and author of *When the World Feels Like a Scary Place*, a clear and practical guide to having the kind of tough conversations with your kids that really help. [Registration](#) is free!
- There's still time to register for upcoming classes on [Parent-Child Self-Compassion](#) for parents and their children (ages 6-10), hosted online by REDgen partner Jamie Lynn Tatera. Classes are **Thursdays, 7:30-8:20 PM from October 8th to November 12th** For more on SEL and education, check out the [SEL Roadmap for Reopening Schools](#) and a National Equity Project [guide to centering students, equity, and SEL](#) in the fall.

FAMILY FIRST & FAMILY SUPPORT - *Resources and Webinars*

- Missed last week's Child & Family Research Partnership [National](#)

[Prenatal-to-3 Research to Policy Summit?](#) The policy summit [roadmap](#) is still available to view. Coming up: the [web release](#) of a new paper by the Center for the Study of Social Policy, on “[Advancing a Family-Centered Community Health System: A Community Agenda Focused on Child Health Care, Foundational Relationships, and Equity](#),” on **Tuesday, September 22nd at 12:00 PM**. Learn about the importance of outdoor activities to physical literacy at [Promoting the Power of Play for Family Strengthening](#) a presentation from the The National Family Support Network and Families Canada, taking place this **Wednesday, September 23rd from 1:30 - 2:45 PM**. The Milwaukee County Disability Services Division (DSD) will be hosting its 3rd Virtual Community Café on **Wednesday, September 30, 2020 from 12:00 - 12:30 PM & 6:00 - 7:30 PM**. [Registration via email](#) is required. Next month, catch the [Safe Families for Children Wisconsin State Conference](#) on zoom on **October 15th from 6:00 - 9:00 PM**.

CHILDCARE & EARLY CHILDHOOD EDUCATION - *Resources & Events*

- [Learn what you can do](#) as an educator or advocate to make sure we #CountAllKids in the 2020 census. On **Tuesday, October 6, 2020 from 6:30 PM - 8:00 PM**, an online workshop on [Educating Your Child with Mental Health Needs: Special Education and Distance Learning](#) will provide strategies to provide and support instruction. The National Association for the Education of Young Children (NAEYC) has [early learning standards, COVID-19 learning guidelines, and assessment items](#) to help educators provide the best possible education for young children this fall. [Register now](#) for the NAEYC conference, taking place **November 8-10th, 2020**. The Wisconsin Lutheran Social Services organization applies the social determinants of health to bolster school-based mental health services in this podcast episode, [five months asking five questions](#). Resources from the [Child Mind Institute](#) include [tips for kids who are struggling](#), articles on [anxiety during reopening](#), and more.

EARLY IDENTIFICATION & SUPPORT- *Super Helpful Resources*

- A new guide from Resilient Wisconsin covers [Moving Prevention Upstream: fixing bridges in our communities to prevent harm before it occurs](#). Further reading on the need for comprehensive [state prevention services systems](#) can be accessed [here](#).

COMMUNITY HEALTHCARE WORKERS - *Webinars and Resources*

- On **Thursday, September 24th at 12:30 PM** a webinar on the importance of [integrating recovery support services](#) will highlight Certified Community Behavioral Health Clinics (CCBHC) as an effective model for increasing access to and delivery of integrated, person-centered mental health, primary care, and substance abuse recovery services. From COVID-19 to Action: [Responding to Mental Health Needs in Our Community](#) is a 90-minute virtual conference hosted by the Medical College of Wisconsin Office of Community Engagement on **Thursday, Oct 1 from 10:30 AM – 12:00 PM**. Advancing a Healthier Wisconsin is [calling for nominations](#) for a position on the Medical College of Wisconsin public oversight board; all nominations are due via online form by **5 PM on October 15, 2020**

- As usual, check out Wisconsin CHW [employment opportunities](#), and access COVID-19 resources for CHWs [here](#).

TRAUMA-INFORMED CARE & ANTI-RACISM - *Webinars & Resources*

- *Trauma-Informed Care*— Self-educate this week with [COVID-19 and Child Trauma: Where do we go from here?](#), part of a series of conversations from the Institute for Emerging Issues around early childhood learning, focused on how we develop stronger systems in the midst of ongoing uncertainty. You can also read this new publication from Resilient Wisconsin: [In This Together: understanding the effects of collective trauma](#).
- *Child Welfare*— Register here for the web release of “Advancing a Family-Centered Community Health System: A Community Agenda Focused on Child Health Care, Foundational Relationships, and Equity” on **Tuesday, September 22nd at 12:00 PM CT**. The current child welfare system is plagued by bias and discrimination based on race, national origin, religion, gender, disability, sexual orientation, and gender identity. Save the Date for a convening of the upEND Movement, bringing together activists, scholars, and community leaders to have provocative conversations and strategize innovative ways to address the issue of forcible separation of children from families in need. [upEnding the Child Welfare System: The Road to Abolition](#) takes place **October 20-21, 2020 from 12-3 PM CT**. The Department of Children and Families issued a request for proposal for [case management services for the Milwaukee child welfare system](#). The deadline for submission of proposals is **November 18, 2020 at 2 PM**. An optional [proposer’s conference](#) will be held for interested proposers on **October 13, 2020, from 10 AM to 11:30 AM via Zoom**. Further questions regarding this Request for Proposal should be directed [here](#).
- *Racial Equity & Resilience*— Mental Health America’s screening for trends in mental health data reveals [New Data](#) showing differences in anxiety, depression and suicidal ideation across race and ethnicity. [Brave Space](#) is back with Black-led workshops that will create Brave spaces to share truths about the Black experience, beginning **Wednesday, September 23rd at 6:00 PM**. Each session is free and open to the public, and will have a different theme. Zoom entry links will be sent to participants on the day of the workshop, so please [register in advance](#). Learn about racial trauma and trauma-informed services in the [COVID-19 homeless system response](#). You can also tune in to a new series launched by [Radio Milwaukee](#) that explores how systemic racism contributes to the disparate outcomes that persist in Milwaukee and Wisconsin as a whole.

SYSTEMS CHANGE - *Super Helpful Resources and Webinars*

- On **Wednesday, September 23rd from 12 - 1 PM** a new webinar titled [Systems Leadership in Practice](#) features speakers from Systems Sanctuary who will explore the capabilities and capacities of systems leadership and try to make systems practice more

accessible. The Collective Impact Forum is calling for [session proposals](#) on topics you'd like to discuss during the **April 26-29, 2021** virtual convening. The submission deadline is **September 25th, 2020**. Learn more [here](#). The Collective Impact Forum is also streaming a deep dive podcast discussion on components of the common agenda: listen to [How Do You Form a Common Agenda?](#) online or on your preferred podcast platform. [Apply](#) by **September 25th** for [The People's WPA](#), a cultural organizing and storytelling project that seeks to uplift essential forms of labor in an effort to build an inspiring vision of our shared future. Join the Collective Impact Forum on **September 25th** for a [virtual discussion](#) on Milwaukee's comprehensive response to the COVID-19 crisis. The [Census count](#) officially ends **September 30th**, a month earlier than planned, which may cause substantial undercounting of marginalized groups.

- An upcoming [virtual forum](#) on **Tuesday, October 13th from 2:30 - 5:00 PM** will explore opportunities to expand access to housing, tenant rights including disability related accommodations, and [resources to support people with mental illness struggles with maintaining housing](#).
- Immediate and sustained action is necessary to end the policing and criminalization of BIPOC populations on Wisconsin's public university and college campuses. Read the Leaders Igniting Transformation [demands for college campus leadership](#) to reimagine safety and create supportive environments for campus community members and [sign their petition here](#).

CCMH Partner Highlights

Mental Health America (National) - Webinars & Conferences

- If you weren't able to make all or some of [MHA's 2020 Annual Conference](#) earlier this month, or just want to re-watch some of your favorite sessions, recordings of most sessions are available on the [website](#) in English, [ASL](#) and [Spanish](#). A recording of [The Virtual Antidote: A Practical Approach for Youth Mental Health During the Pandemic](#) is available now.

The Wisconsin Department of Health Services - Webinars

- A new report, [Suicide in Wisconsin: Impact and Response](#), provides guidance to address increased suicide deaths in our state, and presents the Wisconsin Suicide Prevention Plan.

Mental Health Task Force - Upcoming Events

- The Mental Health Task Force 2020 Karen Avery Award and the Marie C. Perry Award will be presented at the [7th annual Karen Avery Award](#), on **Tuesday October 13**. This year's forum will be a virtual forum and focus on housing.

GRANTS

The Wisconsin Early Childhood Association is disseminating [grant awards](#) of

\$2,500 to licensed family and group child care providers in the following Milwaukee zip codes: 53204, 53206, 53209, 53210, 53212, 53215, 53216, and 53218. To be eligible, programs must be open and serving children, and cannot have received a Round 1 ECE Stabilization Grant. [Apply online here](#). Awards will be made on a first-come, first-serve basis until the funds are depleted.

The [Caplan Foundation for Early Childhood](#) is accepting Letters of Intent for grants to support development projects and promising research with potential to significantly enhance the physical and mental health, safety, nutrition, play, familial support, acculturation, social integration, and/or childcare of children, from infancy through seven years of age. More information is available [here](#), and the deadline to submit is **September 30th**.

[Send a Letter of Interest](#) for the HAND Foundation grant for programs preventing child abuse by **October 1st**.

Apply for the [Lizette Peterson-Homer Injury Prevention Grant](#), awarded in support of research on psychological and behavioral aspects of injury prevention in children and adolescents, by **October 1st**.

The Robert Wood Johnson Foundation (RWJF) has opened the application process for its [2021-2022 Health Policy Fellows program](#), which is geared toward mid-career health professionals, behavioral and social scientists, and others interested in health and policy. Register [here](#) to join informational webinars on **September 23 at 10 AM** or **October 27 at 1 PM**. Interested parties should apply [here](#) by **November 9th**.

The Advancing a Healthier Wisconsin Endowment has announced a new set of funding opportunities to improve health and advance health equity by supporting innovative and impactful work statewide. All funding applications are due by **5 p.m. (CST) on November 16th**. For more information on these opportunities, visit ahwendowment.org.

JOBS

- The Wisconsin Department of Health Services is looking for someone to fill the [Health Equity Consultant position](#) in the Bureau of Aging and Disability Resources.
- Disability Rights Wisconsin is looking for a new Office Manager! View the job description, requirements, and application at [this link](#).
- Do you have passion for galvanizing social change through advocacy and policy? Generate Health is seeking a full-time Manager of Policy and Advocacy, who will build and implement advocacy strategies that prioritize and advance Generate Health's mission and vision. [Click here for the full job description](#).
- Apply by **October 8th** for the Health Equity Consultant position in the Bureau of Aging and Disability Resources. The job announcement is [posted here](#).
- Community Organizing and Family Issues, a parent leadership organization, is hiring a [Center for Action and Learning Manager](#) who will develop and grow the national training center; a [Communications Manager](#) who will develop and implement strategic communications

programs; and a [Development Manager](#) who will create and execute resource development efforts. Candidates should submit a resume, cover letter, and application form to applications@cofionline.org by **October 2nd**.

Thanks for reading! Best wishes, Oli Schmitz (student intern, they/them)

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