



Hello children's mental health champions!

This **Labor Day 2020**, we invite you to reflect on your labor, the work of others that enables you to do your own, and the strides we must make as a society toward true solidarity with workers' rights movements. Continue to show appreciation for essential workers during the pandemic, and learn more about past and present action for workers' rights through Nonprofit Quarterly's coverage of [the state of the labor movement](#) in the United States.

September is Suicide Prevention Month. Participate by joining the [Prevent Suicide Wisconsin Annual Conference](#), themed "Reframing the Narrative," from **September 8-9** via zoom. The **September 8th** Mental Health Task Force meeting from **3-5 PM** partners with [Prevent Suicide Wisconsin](#) and will feature conference speaker [Brandon Johnson](#).

Also this **Tuesday, September 8th**, the FINAL Milwaukee County Budget Open House takes place from **6-8 PM**. Make your voice heard! Watch, submit comments, and register to speak [here](#). In more local goings-on, [The Tandem](#) restaurant near 18th and Fon du Lac in Milwaukee has been giving out free family-style meals to community members who pick them up **every Friday from 11:00 AM to 4:00 PM**; has a [community fridge](#) outside that is stocked with produce and pantry items (located at 1848 W Fon du Lac Ave); AND will be hosting FREE tutoring sessions for students in grades 4-10, beginning **September 15th**. They are [looking for volunteer tutors](#), who could be eligible for a \$600 stipend for their time! Next week, they'll have registration open for kids/parents who want to register their kids. Each tutor session includes a free meal and 1:1 homework help. What an amazing community resource provider!

Lastly, another election reminder: MHA encourages you to vote early before the **November 3rd** election date, and to vote with mental health in mind. The [Kaiser Family Foundation issued a brief](#) exploring the data and where the two presidential candidates stand on addressing the public mental health crisis. Also, Mental Health for US, a coalition of mental health organizations, compiled [helpful resources on their voter page](#) about registering to vote, changes to voting in your state due to COVID-19 (Vote.org), and holding virtual voter registration drives. For guidance on voting absentee, see the DVC [Absentee Voting Fact Sheet for the 2020 elections](#).

Thank you for reading and sharing! We now have over **500 people** signed up to receive ways to advocate, super helpful resources, grant opportunities, local events, and cutting edge research and news related to improving the

## Behavioral Health in the COVID-19 Pandemic

- We've shared these resources before, but they continue to be relevant. See the newly updated [COVID-19 Resources Collection](#) from the Alliance for Strong Families and Communities, as well as [tips](#) for managing mental health during the pandemic. Additionally, MHA has developed its [2020 Back to School Toolkit](#) to help students, parents, and school personnel navigate schooling under COVID.
  - For more resources on COVID, the [Medical College of Wisconsin's COVID-19 Resource Page](#) has up-to-date resources, infographics, and more. A Spanish language resource guide can be accessed at [COVIDGuia.org](#).
  - CCMH has a user-friendly [Guide to Milwaukee Area Mental Health Resources](#). Explore the UW-Madison Center for Healthy Mindstoolkits and resources for well-being during the pandemic, check out the National Alliance on Mental Illness [COVID-19 Resource and Information Guide](#), and read new and relevant articles on the [Rogers Behavioral Health blog](#).
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## CCMH Strategy & Value Highlights

### **SOCIAL-EMOTIONAL LEARNING (SEL) - *Super Helpful Resources***

- The Wisconsin Office of Children's Mental Health has a downloadable [Feelings Thermometer](#) for communicating emotions. Register for upcoming classes on [Parent-Child Self-Compassion](#) for parents and their children (ages 6-10), hosted online by REDgen partner Jamie Lynn Tatera. Classes are **Thursdays, 7:30-8:20 PM from October 8th to November 12th**. For more on SEL and education, check out the [SEL Roadmap for Reopening Schools](#) and a National Equity Project [guide to centering students, equity, and SEL](#) in the fall.

### **FAMILY FIRST & FAMILY SUPPORT - *Resources and Webinars***

- There's still time to [register](#) for the Child & Family Research Partnership [National Prenatal-to-3 Research to Policy Summit](#), taking place on **Tuesday, September 15th**. Meanwhile, the [Prenatal-to-3 Policy Impact Center website](#) contains articles on recent research, a policy roadmap for effective action on the state level, and more. In order to [create a legacy of family prosperity](#), we must build an [equitable child and family well-being system](#) and [prioritize families](#) and strong communities.

### **CHILDCARE & EARLY CHILDHOOD EDUCATION - *Super Helpful Resources***

- Governor Evers will be [allocating an additional \\$30 million](#) in federal CARES Act funds to the Early Childhood Education sector. The National Association for the Education of Young Children has [early learning standards](#), [COVID-19 learning guidelines](#), and [assessment items](#) to help educators provide the best possible education for young children this fall. It's especially important to attend to [developmentally appropriate practices](#) that are adapted to pandemic circumstances. As educators [help children process the coronavirus crisis](#), they should also engage in

self-care practices to [prevent compassion fatigue](#).

## EARLY IDENTIFICATION & SUPPORT- *Articles & Conference*

- [Register now!](#) The [Prevent Suicide Wisconsin Annual Conference](#), themed “Reframing the Narrative,” is taking place **September 8-9** via zoom. Low-cost preventative interventions, such as [home visitation](#) and [family resource centers](#), could help shift child care tragedy prevention efforts toward much-needed comprehensive [state prevention services systems](#).

## COMMUNITY HEALTHCARE WORKERS - *Webinars and Resources*

- As COVID-19 continues to spread, [Medicaid is essential for workers](#). On **Thursday, September 24th at 12:30 PM CT** a webinar on the importance of [integrating recovery support services](#) will highlight Certified Community Behavioral Health Clinics (CCBHC) as an effective model for increasing access to and delivery of integrated, person-centered mental health, primary care, and substance abuse recovery services. As usual, check out Wisconsin CHW [employment opportunities](#), and access COVID-19 resources for CHWs [here](#).

## TRAUMA-INFORMED CARE & ANTI-RACISM - *Webinars & Resources*

- *Trauma-Informed Care*— Self-educate this week with this guide to [facilitating with a trauma-informed lens](#), this [toolkit](#) on trauma-informed, recovery-oriented systems of care, and trauma-informed [approaches to library services](#).
- *Child Welfare*— Register here for the web release of “Advancing a Family-Centered Community Health System: A Community Agenda Focused on Child Health Care, Foundational Relationships, and Equity” on **Tuesday, September 22nd at 12:00 PM CT**. The current child welfare system is plagued by bias and discrimination based on race, national origin, religion, gender, disability, sexual orientation, and gender identity. Read the Supreme Court brief on eliminating discrimination in the child welfare system [here](#).
- *Racial Equity & Resilience*— Mental Health America's screening for trends in mental health data reveals much on [how race matters](#) in accessing mental healthcare. [Register now](#) for Caring for Yourself and Others, a two-part workshop on self-care, allyship, and healing from racial based trauma.

## SYSTEMS CHANGE - *Super Helpful Resources and Webinars*

- The Coalition on Human Needs is hosting a webinar this **Wednesday, September 9th, at 2:30 PM CT** titled "Then and Now: How to Use New Census Surveys About Poverty, Income, and Health from 2019 and 2020." [Free registration](#) is available now.
- Those in the early stages of their collective impact work can join the Collective Impact Forum **September 15th-17th** for the [Champions for Change 2020 Virtual Workshop](#). [Registration is open now](#). The Collective Impact Forum is also calling for [session proposals](#) on topics you'd like to discuss during the **April 26-29, 2021** virtual convening. The submission deadline is **September 25th, 2020**. Learn more [here](#).
- There's still time to take action on the [Supporting Foster Youth and Families through the Pandemic Act](#) (H.R. 7947), which will provide an infusion of federal dollars into the child welfare system, by urging your

representatives to co-sponsor the legislation. Remember that the [Census count](#) officially ends September 30th, a month earlier than planned, which may cause substantial undercounting of marginalized groups: fill out your census today!

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## CCMH Partner Highlights

### Mental Health America (National) - *Webinars & Conferences*

- Be sure to [register](#) for the MHA webinar, [Navigating Behavioral Challenges with Remote Schooling for Parents](#), coming up on **Friday, September 11th at 1:15 PM CT**.
- Register now for the upcoming webinar: [Understanding the Role of Resilience in Gender and Sexual Minority Communities](#), taking place on **Thursday, September 17th at 1:15 PM CT**. This webinar will highlight the recent shift in focus to examine strengths-based perspectives in GSM communities.
- MHA Job Alert! MHA seeks 6 individuals who identify as part of the LGBTQ+ community to undergo training and professional development to become a Wisconsin-Certified Peer Specialist. This part-time position (15-18 hours/week) pays \$15/hour. For more information, or to apply, please email Erica Steib ([erica@Mhawisconsin.org](mailto:erica@Mhawisconsin.org)). Applicants should submit resume and one paragraph summarizing their interest in the position.

### The Wisconsin Department of Health Services- *Webinars*

- A new report, [Suicide in Wisconsin: Impact and Response](#), provides guidance to address increased suicide deaths in our state, and presents the Wisconsin Suicide Prevention Plan.

### Mental Health Task Force - *Upcoming Events*

- The **September 8th meeting from 3-5 PM** partners with [Prevent Suicide Wisconsin](#) and will feature [Brandon Johnson](#), a national speaker and Co-Lead of the National Action Alliance for Suicide Prevention's Faith Communities Task Force, presenting *Pulling Back the Layers: How Racism and Discrimination impacts Suicide Prevention*.
- Nominations for the Mental Health Task Force 2020 Karen Avery Award and the Marie C. Perry Award are due this **Friday, September 11th**. More information is [available here](#). Awards will be presented at the 7th annual Karen Avery Award, **Tuesday October 13**. This year's forum will be a virtual forum and focus on housing.

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## GRANTS

Apply for the [Bruce and Jane Walsh grant](#) by **September 15th**, which will award \$15,000 in support of scientific, scholarly, or applied research and/or educational activities focused on how personality, culture, and environment influence work behavior and health, both mental and physical.

The [Caplan Foundation for Early Childhood](#) is accepting Letters of Intent for grants to support development projects and promising research with potential to significantly enhance the physical and mental health, safety, nutrition, play, familial support, acculturation, social integration, and/or

childcare of children, from infancy through seven years of age. More information is available [here](#), and the deadline to submit is **September 30th**.

[Send a Letter of Interest](#) for the HAND Foundation grant for programs preventing child abuse by **October 1st**.

Apply for the [Lizette Peterson-Homer Injury Prevention Grant](#), awarded in support of research on psychological and behavioral aspects of injury prevention in children and adolescents, by **October 1st**.

The Advancing a Healthier Wisconsin Endowment has announced a new set of funding opportunities to improve health and advance health equity by supporting innovative and impactful work statewide. Interested applicants are invited to explore the four funding opportunities and register for an informational webinar for each: the [Call for Collaborative Research for Improved Health September 9th at 9 AM](#); [Call for Innovations to Advance Wisconsin's Health Workforce September 9th at 3 PM](#); [Call for Population & Community Health Studies September 10th at 9 AM](#); and [Call for Policy & Systems Changes for Improved Health September 10th at 3 PM](#). All funding applications are due by **5 p.m. (CST) on November 16th**. For more information on these opportunities, visit [ahwendowment.org](http://ahwendowment.org).

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## JOBS

- MHA Job Alert! MHA seeks 6 individuals who identify as part of the LGBTQ+ community to undergo training and professional development to become a Wisconsin-Certified Peer Specialist. This part-time position (15-18 hours/week) pays \$15/hour. For more information, or to apply, please email Erica Steib ([erica@Mhawisconsin.org](mailto:erica@Mhawisconsin.org)). Applicants should submit resume and one paragraph summarizing their interest in the position.
- Disability Rights Wisconsin is looking for a new Office Manager! View the job description, requirements, and application at [this link](#).
- Do you have passion for galvanizing social change through advocacy and policy? Generate Health is seeking a full-time Manager of Policy and Advocacy, who will build and implement advocacy strategies that prioritize and advance Generate Health's mission and vision. [Click here for the full job description](#).
- Apply by **October 8th** for the Health Equity Consultant position in the Bureau of Aging and Disability Resources. The job announcement is [posted here](#).

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*Thanks for reading! Best wishes, Oli Schmitz (student intern, they/them)*

600 W Virginia St., Suite #502 | Milwaukee, WI 53204 | [www.mkekids.org](http://www.mkekids.org)