



Hello children's mental health champions!

It's time to vote! If you weren't able to complete an absentee ballot for the Wisconsin partisan primary, in-person voting is still available at several locations throughout Milwaukee. Find your [polling place](#) and get updates from the City of Milwaukee Election Commission [here](#). Before voting, learn about the candidates appearing on the ballot through [this election guide](#) from Urban Milwaukee.

If you'll be voting in person, remember to be safe and follow social distancing guidelines at the polls. Wear a mask, stay six feet away from others, wash/sanitize your hands after touching surfaces, and thank your poll workers for showing up for local democracy.

The Disability Rights Wisconsin Voter Hotline is available to address voting questions and concerns; call 844-DIS-VOTE (844-347-8683) or email info@disabilityvote.org for more information.

The next election is a big one—the Fall General Election on November 3rd, 2020. This Wednesday, August 12th, the Wisconsin Board for People with Developmental Disabilities is hosting Living Well Wednesday: A Discussion of Guardianship & Voting Rights at 11 AM via Zoom or Facebook Live. More information can be found at the [BPDD Facebook page](#). We also encourage exploring [National Voter Education Week](#) (NVEW), a digital voter education initiative taking place the week of October 5-9.

Thank you for reading and sharing! We now have over 475 people signed up to receive ways to advocate, super helpful resources, grant opportunities, local events, and cutting edge research and news related to improving the mental health of our youngest kids and their families.

Behavioral Health in the COVID-19 Pandemic

Address your COVID questions! the [Medical College of Wisconsin's COVID-19 Resource Page](#) has up-to-date resources, infographics, and more. The American Public Health Association has also launched [COVIDGuia.org](#), a Spanish language resource guide that provides detailed information related to the coronavirus response. Recent findings by the State Health Agency show that [behavioral health challenges are compounded by COVID-19](#). During this pandemic, it's [important to understand grief](#) and [why you shouldn't wait until your world is falling apart](#) to seek therapy.

The Wisconsin [statewide COVID-19 website](#) is a one stop shop that consolidates information from state agencies, and provides up-to-date information and guidance regarding COVID-19. DHS has also offered information on their website on [How and Where to Get Tested](#).

CCMH Strategy & Value Highlights

SOCIAL-EMOTIONAL LEARNING (SEL) - *Super Helpful Resources*

- Wisconsin First Lady Kathy Evers' [video message](#) today launched the Office of Children's Mental Health's Feelings Thermometer to help families feel better during these stressful times. The Feelings Thermometer is a visual tool to post on the refrigerator that helps everyone — from kids to adults— measure how they are doing emotionally with tips on how to shift your mood from angry to calm. Research tells us that just identifying a calming activity can reduce anxiety. [Download the Feelings Thermometer](#) or [order a magnetized version](#) for easy posting.
- CCMH has a user-friendly [Guide to Milwaukee Area Mental Health Resources](#). Check it out, and be on the lookout for a printable copy soon.

FAMILY FIRST AND FAMILY SUPPORT - *Super Helpful Resources and Webinars*

- On **August 12th**, the Ahlquist Center for Policy, Practice, and Innovation at Children's Home and Aid is hosting a webinar on [Building Evidence for Home Visiting from 12-1 PM](#). Presenters will discuss lessons learned and intersections between home visiting and Family First-funded evidence-based in-home parenting programs, lessons learned on evidence building and successful scaling for evidence-based models, and the Child Welfare Emergency Assistance Act.
- The [Strengthening Families Technical Assistance Clinic](#) is happening over Zoom this **Thursday, August 13th from 3-4 PM EDT**. You can also [Register now](#) for the Child & Family Research Partnership [National Prenatal-to-3 Research to Policy Summit](#), taking place on **Tuesday, September 15th**.
- [Listen](#) to the Children's Bureau Podcast episode for [Tips on Implementing Family First](#), or [read](#) the Center for the Study of Social Policy's article on the impact of financial hardship on family well-being.

CHILDCARE & EARLY CHILDHOOD EDUCATION - *Resources and Webinars*

- [Support the Child Care System](#): Wisconsin-specific [NAEYC survey data](#) shows that a third of Wisconsin child care programs are certain that they will close permanently without additional public assistance. Continuing advocacy is necessary to ensure child care relief is included in the next COVID-19 package. See [NAEYC's statement](#) and [state-by-state data on how child care programs are hanging on until help comes](#) (plus a [map](#)), and keep reaching out to your Senators and Representatives to urge them to prioritize child care relief.
- On **Wednesday, August 12 at 1 PM ET**, Happify Health is hosting a webinar on [Child Care's Changing Landscape](#). Learn more and register [here](#).
- From **12:30-1:30 PM on Friday, August 14th**, the Wisconsin Policy Forum is

hosting an event called [The COVID-19 Child Care Conundrum](#), featuring business leaders' perspectives on the crisis.

- Check out the [August/September issue](#) of Teaching Young Children, which features articles about connecting virtually with preschoolers, meaningful talk, peacemaking in the early childhood classroom, and more! Visit [NAEYC.org/tyc](#) to start reading. Experts and researchers call for child welfare reform to prioritize prevention amid [concerns over a surge in child abuse](#) under COVID-19, while discussions about [Pod Schooling](#) raise important and valid equity concerns.

EARLY IDENTIFICATION & SUPPORT- *Webinars*

- On Thursday, August 13th from 10 AM to 12 PM, you can attend a [structured virtual book discussion](#) that will share key findings on early detection and intervention of children with autism. Coming up next month is the [Prevent Suicide Wisconsin Annual Conference](#), themed "Reframing the Narrative," from September 8-9 via zoom.

COMMUNITY HEALTHCARE WORKERS - *Webinars and Resources*

- Community Healthcare Workers are essential. Help them help our communities by learning about 10 ways you can [support](#) the Healthcare Worker in your life, or forwarding COVID-19 [Resources](#) for CHWs to your network.
- This month is full of events and trainings for CHWs: UniteMKE is hosting a training August 10th-14th from 9 AM to 1 PM. [Register here](#) by August 21st for the Virtual CHW training by Great Rivers HUB. The National Association for Community Health Workers [Annual Meeting](#) is coming up on August 27th. Participate in the [virtual Wisconsin Public Health Association Annual Conference](#) during the month of August, available until August 31st.
- For a list of CHW employment opportunities across the state of Wisconsin, click [here](#).

TRAUMA-INFORMED CARE & ANTI-RACISM - *Webinars & Resources*

- *Child Welfare* - in order to move forward, the Child Welfare Field must [confront its racist roots](#).
- *Racial Equity & Resilience* - Positive racial change is [possible](#), but [lasting change](#) will take more work; [here's what needs to be done](#) for a more racially just Milwaukee. On Monday, County Executive Crowley delivered a Vision Address laying out how Milwaukee can become the healthiest county in Wisconsin by achieving racial equity. His speech can be viewed online [right here](#). The Collective Impact Forum podcast recently recorded a roundtable discussion on [Holding Hard Conversations and Moving Beyond Neutrality](#); their episode is [streaming](#) now. Space is limited for the upcoming Implicit Bias training with Dr. Erin Winkler (today!) **August 11th from 1-2:30 PM**. [RSVP here](#). Meanwhile, check out recent articles about the impact of being a [first-generation immigrant](#) on mental health, [LGBTQ+ mental health](#), and the keys to [access to mental healthcare](#).
- *Trauma-Informed Care* - The Child Care State Capacity Building Center's Infant/Toddler Specialist Network is hosting a [webinar](#) on Trauma-Responsive Care on **August 19th from 1-2:30 PM CT**. Learn more and register [here](#).

SYSTEMS CHANGE (RACIAL EQUITY) - *Super Helpful Resources and Webinars*

- Updates abound! United Way and Technology United recently launched [Techquity](#), a new initiative that aims to bridge the digital divide through access, education, and innovation. [Take action](#) on Family health priorities in Congress with the Alliance for Strong Families and Communities, and on [protecting and supporting immigrant families](#) now. The [#SafeAndTogether Campaign](#) seeks freedom for detained refugee children. When it comes to [anti-racism pedagogy](#), often students must instruct their teachers rather than the other way around.
- For organizers, advocates, and changemakers, MURAL has a ton of resources on [Creative Collaboration](#). Those in the early stages of their collective impact work can join the Collective Impact Forum [September 15th-17th](#) for the [Champions for Change 2020 Virtual Workshop](#). [Registration is open now](#). The Collective Impact Forum is also calling for [session proposals](#) on topics you'd like to discuss during the [April 26-29, 2021](#) virtual convening. The submission deadline is [September 25th, 2020](#). Learn more [here](#).
- Apply by [September 4, 2020](#) for [Resist Social Change/Justice grants](#). Up to \$4,000 will be awarded in support of grassroots movements for justice and liberation and to groups working on the frontlines of change.

SCHOOL-BASED MENTAL HEALTH- *Newsworthy*

- As teachers and therapists [warn](#) of a looming mental health crisis, [Wisconsin recommends schools focus on mental health upon return next fall](#). Prepare for a mental health-informed return to school by attending a July 29th webinar: "[Preparing for a Return to the Classroom: Suicide Prevention in Schools](#)." Read more about [supporting students with disabilities during a pandemic](#).

LIVED EXPERIENCE LEADERSHIP - *Opportunities for Adolescents*

- The Wisconsin Office of Children's Mental Health wants to connect with more youth to discuss mental health in the educational environment and are asking for your help. If you know interested youth ages 13 – 26 or organizations that are connected to youth this age please let them know about the Listening Session on [August 27th from 5:30-7:30 PM](#). More information [here](#).
- The Adolescent Health Program has posted a Request for Applications for Project WISE, the Wisconsin Initiative for Student Empowerment. Application information and guidelines are available [here](#). Letters of intent are requested by [August 17 at 5 p.m. CDT](#) to Mariah Geiger. The deadline to apply is [September 15, 2020, at 5 p.m. CDT](#). Two virtual information sessions regarding submitting a successful application will take place on [August 20th: one at 10 AM and another at 3:30 PM](#).

CCMH Partner Highlights

Mental Health America (National) - *Leadership & Webinar/Conference*

- Healthcare workers are at increased risk for burnout due to the added stresses from the COVID-19 pandemic. Learn more about [How To Support Your Healthcare Worker Staff During COVID-19](#) on [Tuesday, August 11, 2020 at 2:15 pm ET / 1:15 pm CT](#).
- The Regional Policy Council on [Addressing Mental Health Impacts of COVID-19, Entrenched Inequities, and Police Practices](#) takes place on

Wednesday, August 12, 2020 at 10:00 AM – 3:00 PM.

- MHA's virtual National Policy Institute takes place on **Tuesday, September 1st from 12 PM to 3 PM ET** and is titled [Moving Upstream: Prevention and Early Intervention](#). This institute will address the COVID-related mental health crisis in the making. There will also be an Affiliate Pre-Conference Day on **September 2**, themed [Affiliate Resilience](#).
- Join the [Young Mental Health Leaders Council!](#) Built on the successful [Collegiate Mental Health Innovation Council \(CMHIC\)](#), this group is now open to all young adults ages 18-25-year-olds. [Apply today!](#)
- Their annual conference is now virtual and **FREE**. Register today for the [2020 Annual Conference: COVID-19, Mental Health, and the Need for Equity](#) on **September 3-4 from 9:00 AM – 4:00 PM**. JUST ANNOUNCED: Professor Ibram X. Kendi, author of *How to Be An Antiracist*, and actor and mental health advocate Maurice Benard will be joining us at the conference; Professor Kendi will be the closing speaker on Friday, September 4.

The Wisconsin Department of Health Services- *Webinars*

- The [Wisconsin Peer Recovery Conference](#) is coming up this week on **August 13-14**, followed by [Moving Forward: the Wisconsin Wraparound Conference](#) on **August 26th** and the [First Episode Psychosis and the Wraparound Process Conference](#) on **August 27th**.

Mental Health Task Force - *Upcoming Event*

- On **August 11 from 3-5 PM** there will be a virtual briefing on the 2021 Milwaukee County budget requests to learn about the 2021 budget and how you can get involved to share your budget priorities. Look over the meeting agenda for details [here](#).

GRANTS

Apply for the [Bruce and Jane Walsh grant](#) by **September 15th**, which will award \$15,000 in support of scientific, scholarly, or applied research and/or educational activities focused on how personality, culture, and environment influence work behavior and health, both mental and physical.

The Greater Milwaukee Foundation is requesting proposals to increase indoor air quality in licensed early childhood education (ECE) group centers and family-based providers in the city of Milwaukee. The Foundation will award a total of \$300,000 in grants to ECE providers for effective air cleaning solutions, which may require upgrading or replacing heating, ventilation, and air conditioning (HVAC) systems. Nonprofit organizations and ECE providers are encouraged to [submit a proposal online](#) by **11:59 p.m. CST. on Aug. 31, 2020**.

[Sorenson Impact Foundation Invites Letters Of Intent for COVID-19 Recovery](#): submit by **August 30, 2020** for grants of up to \$250,000 in support of COVID-19 recovery solutions.

Non-profit organizations and local government agencies interested in locally implementing [DULCE](#), a pediatric clinic-based strategy providing family support, can apply [here](#) for grants of up to \$40,000. **Applications are due August 21st.**

JOBS

- The Governor of Wisconsin is looking for applicants of color to apply for the People's Maps Commission so Wisconsin has fair maps. <https://govstatus.egov.com/peoplesmaps> Fair maps are critical to ensuring Wisconsinites elect leaders, not their parties.
- [Internal Evaluation Specialist](#) at MCFI
- [Early Childhood Career Center](#) from NAEYC
- [Co-Executive Director \(Outreach\)](#) at Milwaukee Victory Garden
- [Crisis Stabilizer \(Part Time\)](#) at Courage House
- [Parent Involvement Coordinator](#) at Highland Community School
- [Family Advocate Specialist](#) at Next Door Milwaukee
- [New Paths Advocate](#) at Pathfinders
- [Community Health Worker](#) at Progressive Community Health
- [National Racial Equality Initiative for Social Justice \(NREI\) Fellowship](#) at The Congressional Black Caucus Foundation (CBCF)

Thanks for reading! Best wishes, Oli Schmitz (student intern, they/them)

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