



Hello, children's mental health champions!

The Fall General Election on **November 3rd** is.... well, it's now. Milwaukee residents can [drop off their absentee ballots](#) in one of 15 secure boxes **until 8pm on election day**. Information on voting assistance locations, a schedule of early voting procedures, and more in local election guidance can be found [here](#). For accessibility resources, Disability Rights Wisconsin offers a Voter Hotline for voter resources and transportation through [email](#) and by calling **844-DIS-VOTE** (844-347-8683).

Don't forget to engage in acts of care for yourself and your community as we process election-day stress. Step back, engage in self care, and help a friend or stranger if you have the energy. Do what you need to in order to get through this week.

Thank you for reading and sharing! We now have over 500 people signed up to receive ways to advocate, super helpful resources, grant opportunities, local events, and cutting edge research and news related to improving the mental health of our youngest kids and their families.

Behavioral Health in the COVID-19 Pandemic

- We've shared these resources before, but they continue to be relevant. The [Medical College of Wisconsin's COVID-19 Resource Page](#) has up-to-date resources. A Spanish language resource guide can be accessed at [COVIDGuia.org](#).
- CCMH has a user-friendly [Guide to Milwaukee Area Mental Health Resources](#). Explore the UW-Madison Center for Healthy Minds [toolkits and resources for well-being during the pandemic](#), check out the National Alliance on Mental Illness [COVID-19 Resource and Information Guide](#), and read new and relevant articles on the [Rogers Behavioral Health blog](#).

CCMH Strategy & Value Highlights

FAMILY FIRST & FAMILY SUPPORT - *Resources and Webinars*

- [Equity in Action: DULCE Addresses the Health and Emotional Needs of Families During the COVID-19 Pandemic](#) discusses how DULCE can be used

to address the critical concrete needs of families with newborns during the pandemic. [Find the executive summary here.](#)

- The Parent Leadership Training Institute is hosting a [free webinar](#) on implementing their strategies for building a local community in support of parent leadership with a [Civic Design Team](#) at **2 PM CT on Thursday, November 5th.**
- The Parenting Network is also offering various FREE [parent workshops](#) over Zoom to help parents meet the new demands of parenting during COVID-19. Two upcoming trainings, on **Monday, November 23rd and Friday, December 18th,** will focus on preventing child sexual abuse. More information [here.](#)

CHILDCARE & EARLY CHILDHOOD EDUCATION - *Resources & Events*

- Learn how the Community Partnership School model is powered by meaningful long-term partnerships and read policy recommendations for the federal, state, and local levels, detailed in [this policy brief](#) from the Alliance for Strong Families and Communities. In further reading, explore how [Early Childhood systems are supporting families](#) during COVID-19, and what a survey to Black families says about the [distance learning toolbox families wish they had.](#)
- MHA has developed its [2020 Back to School Toolkit](#) to help students, parents, and school personnel navigate schooling and mental health during the pandemic. [Strong Families Healthy Homes](#) has a NEW virtual [drop-in support group](#) for Teachers and early childhood educators. [Register now](#) for next week's NAEYC conference, taking place **November 8-10th, 2020,** for access to workshops and presentations related to early childhood education. Join PACER's virtual benefit to support their work on behalf of families of children with disabilities and all students who are bullied, taking place at **7:30 PM on November 14th, 2020** and featuring a performance by Smokey Robinson. [Tickets are available now.](#)
- What Inclusion Means for My Child: on **Monday, November 16, from 6:30 PM - 8:30 PM** Parents of children with disabilities ages 3 to 5 will receive an introduction to Least Restrictive Environment and the principles of inclusion from a panel of parents discussing their experiences with preschool inclusion. [Register for this workshop](#) by **9 AM on November 16th.**

EARLY IDENTIFICATION & SUPPORT- *Super Helpful Resources & Events*

- Since our last newsletter, the National Suicide Hotline Designation Act of 2020 was [signed into U.S. law](#); project THRIVE issued a [statement on alarming CDC data](#) that shows significant disparities for LGBTQ youth; and the Center for Healthy Minds launched [new research](#) to understand whether a mobile well-being [app, the Healthy Minds Program,](#) can improve depression for people living with the condition.
- Two exciting events from the Milwaukee County Disability Services Division: On the **first Friday of every month from 6-7:30 PM,** The Children's Services Unit hosts a Children's Services 101 meeting designed to introduce, refresh and clarify Milwaukee County's Birth to Three Program, The Children's Long-Term Service Waiver and The Children's Community Options Program. To join on **November 6th,** email childrenservices@milwaukeecountywi.gov to register! Next, on **November 18th,** Milwaukee County's Disabilities Services Division has partnered with the Office of African American Affairs to present **12:30-2 PM and 6-7:30 PM sessions** of the Community Café: Racial Equity. Discover how Milwaukee County is combating racism in our community and techniques on having difficult conversations about racial inequity and injustice with children. Email childrenservices@milwaukeecountywi.gov to register. Please indicate session time, interpreter needs and required language.

COMMUNITY HEALTHCARE WORKERS - *Webinars and Resources*

- For healthcare professionals or those who work with pregnant and parenting families, the [Safe Sleep: Train the Trainer](#) workshop on **Friday, November 6th at 9 AM** will focus on promoting [safe sleep environments](#) and bring awareness to risk factors for sudden unexpected infant deaths (SUID). [Watch](#)

the Center for the Study of Social Policy's recorded discussion on advancing a family-centered community health care system.

- As usual, check out Wisconsin CHW [employment opportunities](#), and access COVID-19 resources for CHWs [here](#). Learn about how one community clinic implemented DULCE to stay open and serve families during the pandemic [here](#).

TRAUMA-INFORMED CARE & ANTI-RACISM - *Webinars & Resources*

- *Trauma-Informed Care*— Looking to learn more about trauma-informed care? A range of both free and ticketed [Trauma Sensitive School Implementation Trainings](#) from SaintA are available **throughout November and December**.
- *Child Welfare*— The Department of Children and Families issued a request for proposal for [case management services for the Milwaukee child welfare system](#). The deadline for proposal submissions is **November 18th, 2020 at 2 PM**. Further questions regarding this Request for Proposal should be directed [here](#). This week, access the new report from Children's Rights: [Fostering Inequity: How COVID-19 Amplifies Dangers for LGBTQ+ Youth in Care](#).
- *Racial Equity & Resilience*— The [Black Lives Matter Instructional Library](#) is a virtual bookshelf of resources accessible to all. By Every Measure is a six-part episodic podcast that explores systemic racism in various sectors of Milwaukee, looking closely at how those systems were formed and how they can — and need — to be changed. The podcast premiered on August 24 and can be streamed at [this link](#). Join the By Every Measure conversation club — a weekly series of small group dialogues around each episode of the podcast, meeting **Wednesdays from 4-5 PM from November 4th to December 16th** (taking a break the week of Thanksgiving). RSVP to the conversation series [here](#). Have questions for the experts? [Send them here](#) and see them answered during a [live virtual event](#) on **Monday, November 9th at 4 PM**.

SYSTEMS CHANGE & POLICY - *Super Helpful Resources and Webinars*

- Sign up to help fill [urgent volunteer needs from United Way](#) in the Greater Milwaukee area.
- Many organizations struggle with the logistics of how to engage families. The new report, [Moving Beyond the Family Engagement Check Box: An Innovative Partnership to Promote Authentic Family Engagement in Systems Change](#), by the Center for the Study of Social Policy (CSSP) and Family Voices provides an example of family engagement in systems level work. [Register here](#) for their webinar on **Tuesday, November 10th, from 2-3 PM ET** to learn more about how families can be engaged in systems-level initiatives.

LIVED EXPERIENCE LEADERSHIP - *Opportunities*

- [Milwaukee Succeeds](#) is launching Youth Forward MKE as part of a city-wide call to action to transform systems that contribute to educational inequity. Learn more at the [live launch event](#) on **Wednesday, November 18th, 2020 at 4 PM**. Webinar attendees will learn about the Design Your Future Challenge for youth ages 13-20 and efforts to shift decision-making power to Milwaukee youth.
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Essential Care for You: Drop-In Support Groups for Teachers and Early Childhood Educators

What This Is:

Your mental well-being is important! This group is here to help you with that. There will be some education and a lot of time for discussion with peers. All of this facilitated by trained mental health and parenting support providers.



Am I invited?

We welcome anyone who works in Early Care and Education (ECE) for young kids. You are free to drop-in whenever you need or want. You can attend one or all of the groups.

Dates/Times

Virtual Groups begin
Oct 21, 2020 at 6:30 PM

Groups repeat monthly on the
Third Wednesday:
• November 18th
• December 16th
• January 20th (and beyond!)

Potential Topics

- What is Work/Life Balance and is it Real?
- When to Seek Help for Yourself, Your Family, or Your Families at Work
- Parenting While an Essential Worker
- Vicarious Trauma & How to Handle Triggers
- Impacts of COVID-19 on Kids, classrooms, & you

Join us through this link:

<https://zoom.us/j/9173175940?pwd=QW1lWmR6TjNlUzVdoelNFRFRIRDhuZz09>

For more information or for accommodations/technical support,
call LeKecia Lovett at (414) 336-7965 or email lekecia@mhawisconsin.org



CCMH Partner Highlights

Mental Health America (National) - Webinars & Conferences

- Applications are still being accepted! The National Foundation to End Child Abuse and Neglect, an MHA [Associate Member](#), is currently accepting applications from Young Champions looking to engage in social impact work. Check out the application [here](#) to apply and get involved.
- Learn about college students' experiences and student-driven recommendations for campus leaders, in the full MHA report, [Disability and Campus Mental Health: Understanding the Experiences of College Students During the COVID-19 Pandemic](#).

The Wisconsin Department of Health Services- Resources

- Wisconsin Mental Health resources for care, coverage, recovery, suicide prevention, and more can be accessed [here](#).

Mental Health Task Force - Upcoming Events & Actions

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GRANTS

The Wisconsin Early Childhood Association is disseminating [grant awards](#) of \$2,500 to licensed family and group child care providers in the following Milwaukee zip codes: 53204, 53206, 53209, 53210, 53212, 53215, 53216, and 53218. To be eligible, programs must be open and serving children, and cannot have received a Round 1 ECE Stabilization Grant. [Apply online here](#). Awards will be made on a first-come, first-serve basis until the funds are depleted.

The Robert Wood Johnson Foundation (RWJF) has opened the application process

for its [2021-2022 Health Policy Fellows program](#), which is geared toward mid-career health professionals, behavioral and social scientists, and others interested in health and policy. Interested parties should apply [here](#) by **November 9th**.

[Comprehensive Community Approaches that Address Childhood Trauma to Prevent Substance Misuse](#): a funding opportunity from the National Association of County and City Health Officials, dedicated to the implementation of evidence-based community programs to support the potential substance misuse as a result from adverse childhood experiences. Apply by **November 12, 2020 at 4 PM CT**.

The Advancing a Healthier Wisconsin Endowment has announced a new set of funding opportunities to improve health and advance health equity by supporting innovative and impactful work statewide. All funding applications are due by **5 p.m. (CST) on November 16th**. For more information on these opportunities, visit ahwendowment.org.

FLOURISH has set aside \$700k in funding to assist organizations that wish to implement programs supporting their mission to achieve zero racial disparities in infant mortality. Funded projects must align with one or more of FLOURISH's priority areas: Coordinated Quality Care, Social Determinants of Health (Housing or Transportation), and/or Safe Sleep. Visit their [website](#) for more examples of eligible projects and contact Laura.horowitz@gmail.com for more information. Applications are due by **4:50 PM CT on November 20th**.

JOBS

- The Robert Wood Johnson Foundation (RWJF) has opened the application process for its [2021-2022 Health Policy Fellows program](#), which is geared toward mid-career health professionals and others interested in health and policy. Apply [here](#) by **November 9th**.
- The Satcher Health Leadership Institute is hiring a new Director of the Kennedy-Satcher Center for Mental Health Equity (KSCMHE). [Learn more and apply here](#).
- Momentum is hiring a [Development Director](#) who can expand fundraising efforts. Apply [here](#) by Monday, **November 30th**.
- Advancing a Healthier Wisconsin is seeking a full-time grant compliance coordinator to help with daily administrative activities and support for the Milwaukee-based team. [See the full job description and apply here](#).
- SaintA is hiring a new [Director of Marketing and Communication](#).

Thanks for reading! Best wishes, Oli Schmitz (student intern, they/them)

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