



Hello, children's mental health champions!

Indigenous People's Day was last week, but learning and action for justice continues to be necessary. A few resources and actions I'll highlight this week include [Investing in Native Communities](#), [Indigenous Communities and Environmental Justice](#), and [this article](#) from UW-Madison on the significance of Indigenous People's Day in Wisconsin.

The Fall General Election on **November 3rd** is only weeks away. As the pandemic continues, protect yourself, your community, and your local poll workers by voting by mail if you are able. MHA encourages you to vote early before the November election date, and to vote with mental health in mind: MHA and IDONTMIND are elevating key mental health and substance use issues that you should know about for the 2020 election. Check it all out on [their website!](#) Disability Rights Wisconsin offers a Voter Hotline for voter resources and transportation through [email](#) and by calling 844-DIS-VOTE.

In the city of Milwaukee, you can [drop off your absentee ballot](#) in one of 15 secure boxes **until 8pm on election day**. Information on voting assistance locations, a schedule of early voting procedures, and more in local election guidance can be found [here](#).

Thank you for reading and sharing! We now have over 500 people signed up to receive ways to advocate, super helpful resources, grant opportunities, local events, and cutting edge research and news related to improving the mental health of our youngest kids and their families.

Behavioral Health in the COVID-19 Pandemic

- We've shared these resources before, but they continue to be relevant. See the newly updated [COVID-19 Resources Collection](#) from the Alliance for Strong Families and Communities, as well as [tips](#) for managing mental health during the pandemic. Additionally, MHA has developed its [2020 Back to School Toolkit](#) to help students, parents, and school personnel navigate schooling and mental health during the pandemic.
- For more resources on COVID, the [Medical College of Wisconsin's COVID-19 Resource Page](#) has up-to-date resources, infographics, and more. A Spanish language resource guide can be accessed at [COVIDGuia.org](#).

- CCMH has a user-friendly [Guide to Milwaukee Area Mental Health Resources](#). Explore the UW-Madison Center for Healthy Minds [toolkits and resources for well-being during the pandemic](#), check out the National Alliance on Mental Illness [COVID-19 Resource and Information Guide](#), and read new and relevant articles on the [Rogers Behavioral Health blog](#).
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CCMH Strategy & Value Highlights

SOCIAL-EMOTIONAL LEARNING (SEL) - *Super Helpful Resources*

- [Making Friends with Yourself Live Online Training](#) for teens & pre-teens and their parent is a class from Wholly Mindful that runs **Thursdays from 6-7:30 PM CT from December 3rd to February 4th**. Partial scholarships are available for those in need.

FAMILY FIRST & FAMILY SUPPORT - *Resources and Webinars*

- Shades of You, Shades of Me is hosting the [2020 Multicultural Maternal Mental Health Conference](#) (www.soysom.com), an interactive, virtual event that will focus on "COVID-19 + Multiculturalism in Maternal Mental Health Care." [Register now](#) for the October 22-24th conference. United Way's [Eviction Defense Project](#) is aiding in the effort to prevent family homelessness. The National Alliance on Mental Illness (NAMI) of Greater Milwaukee has a FREE upcoming family to family class, Mondays from 6-8:30 PM from October 19th through December 7th. Register by calling 414-326-3454 or emailing theresaj@namigrm.org. The Parenting Network is also offering various FREE [parent workshops](#) over Zoom to help parents meet the new demands of parenting during COVID-19.

CHILDCARE & EARLY CHILDHOOD EDUCATION - *Resources & Events*

- Tune in on **October 28th from 1-2 PM CT** for [The Challenge of Child Care During the COVID-19 Pandemic](#), presented by the UW-Madison Institute for Research on Poverty. Starting **October 21st**, [Strong Families Healthy Homes](#) has a NEW virtual [drop-in support group](#) for Teachers and early childhood educators. [Register now](#) for the NAEYC conference, taking place **November 8-10th, 2020**, for access to workshops and presentations related to early childhood education. Join PACER's virtual benefit to support their work on behalf of families of children with disabilities and all students who are bullied, taking place at **7:30 PM on November 14th, 2020** and featuring a performance by Smokey Robinson. [Tickets are available now.](#)

EARLY IDENTIFICATION & SUPPORT- *Super Helpful Resources*

- Webinars on [educating your child with mental health needs](#), offered at multiple times on **Tuesday, October 20th**, will cover special education needs in a time of distanced learning.
- Local resource alert! The first of three planned [youth crisis stabilization facilities](#) funded by the Wisconsin Department of Health Services (DHS) is now open in Milwaukee. Milwaukee

County is partnering with Wisconsin Community Services to operate a six-bed facility for boys ages 13 to 17 with mental health needs, who would otherwise be admitted to a hospital.

COMMUNITY HEALTHCARE WORKERS - *Webinars and Resources*

- [RSVP at this link](#) by **October 23rd** for the Birth Outcomes Made Better (BOMB) Doula Program's stakeholders meeting, taking place virtually on **Monday, November 2nd from 10 AM - 12 PM**. BOMB also has up-to-date information on Milwaukee hospital policies for birthing families during COVID-19, accessible via [this document](#). For healthcare professionals or those who work with pregnant and parenting families, the [Safe Sleep: Train the Trainer](#) workshop on November 6th will focus on promoting [safe sleep environments](#) and bring awareness to risk factors for sudden unexpected infant deaths (SUID).
- Mental Health America is working on resources and content to support the well-being of healthcare workers. If you work in a healthcare setting, please take a moment to help them by [filling out this survey](#) by **October 23rd**. As usual, check out Wisconsin CHW [employment opportunities](#), and access COVID-19 resources for CHWs [here](#).

TRAUMA-INFORMED CARE & ANTI-RACISM - *Webinars & Resources*

- *Trauma-Informed Care*— [This article](#) on the effect of COVID-19 on approaches to trauma-informed perinatal care and maternal health explores how pregnant people have been psychologically impacted by the pandemic. Looking to learn more about trauma-informed care? A range of both free and ticketed [Trauma Sensitive School Implementation Trainings](#) from SaintA are available throughout November and December.
- *Child Welfare*— New, super helpful resources from the UW-Madison Institute for Research on Poverty are available [online now](#). [upEnding the Child Welfare System: The Road to Abolition](#) takes place **October 20-21, 2020 from 12-3 PM CT**. The Department of Children and Families issued a request for proposal for [case management services for the Milwaukee child welfare system](#). The deadline for submission of proposals is **November 18, 2020 at 2 PM**. Further questions regarding this Request for Proposal should be directed [here](#).
- *Racial Equity & Resilience*— The [Black Lives Matter Instructional Library](#) is a virtual bookshelf of resources accessible to all
- Join [Emerging Leaders](#) on **October 28th at 4:00 PM** for a critical history lesson on Milwaukee's NAACP Youth Council's marches for 200 consecutive nights for an open housing law in 1968. This engaging discussion will cover the inequities and discrimination that lead to these Marches and the impact of that law and the inequities that still exist today. [Click here to register for this free event!](#) On **Tuesday, October 20th at 7:00 PM** Storyslam presents *Norms*: stories of challenges, boundaries, radical self-expression, and more! Learn more or submit a story for a chance to share [here](#). Also, don't forget about [Brave Space's](#) free, Black-led

workshops that will create Brave spaces to share truths about the Black experience! You must [register in advance](#) for the **Wednesday, October 28th at 6:00 PM** brave space in order to receive a Zoom entry link.

SYSTEMS CHANGE - *Super Helpful Resources and Webinars*

- In a big win for the Milwaukee Mental Health Task Force, The Wisconsin Department of Health Services announced a new policy that will enable Medicaid-eligible individuals leaving jail or prison to have health care coverage immediately upon release. [Learn more](#) about the importance of this policy.
- There's still time to take action! MHA is calling for members of congress to [introduce legislation recognizing peers in Medicare](#) and clarifying that peer support services may be reimbursed when provided as part of integrated care.
- In Baltimore, a two-year pilot finds that school climate is improved when [restorative justice practices](#) are implemented.

LIVED EXPERIENCE LEADERSHIP - *Opportunities*

- The Human Rights Campaign is highlighting the importance of ensuring youth-serving professionals are giving LGBTQ youth the support they need to thrive. Answer the call to action for LGBTQ youth [here](#).
- BIPOC artists can submit up to 3 pieces of art to the Leaders Igniting Transformation digital zine! The deadline for submissions has been extended to this **Friday, October 23rd at 11:59 PM CT**. Selected artists will be compensated \$50. [Submit work here!](#)
- The Validation Project, a global youth empowerment organization, is sponsoring \$250-400 [grants for BIPOC activists](#), ages 13-25. The number of grants will be dependent on the number of those who apply. [Learn more and apply here.](#)
- The National Hispanic and Latino Executive Leadership and Fellowship Program offers a cohort of individuals training and coaching to maximize their leadership potential in behavioral health and integrated health. [Learn more and apply here.](#)

CCMH Partner Highlights

Mental Health America (National) - *Webinars & Conferences*

- Applications are still being accepted! The National Foundation to End Child Abuse and Neglect, an MHA [Associate Member](#), is currently accepting applications from Young Champions looking to engage in social impact work. Check out the application [here](#) to apply and get involved.
- Important reads from MHA: [10 Young Adults Transforming Mental Health](#), & [There's No Such Thing as a Bad Kid](#), both from MHA's chiming in blog. Plus, reading on [How Public Health Workers Can Combat Their Frustrations And Mental Health Challenges In COVID-19](#).
- If you weren't able to make all or some of [MHA's 2020 Annual Conference](#) last month, or just want to re-watch some of your favorite sessions, recordings of most sessions are available on the [website](#) in English, [ASL](#) and [Spanish](#). A recording of [The Virtual Antidote: A Practical](#)

[Approach for Youth Mental Health During the Pandemic](#) is available now.

The Wisconsin Department of Health Services- *Resources*

- Wisconsin Mental Health resources for care, coverage, recovery, suicide prevention, and more can be accessed [here](#).

Mental Health Task Force - *Upcoming Events & Actions*

- Just weeks ago, County Executive David Crowley released his recommended **budget for 2021**. You can view the proposed budget [here](#). The County budget provides funding for many important services including mental health services, transportation, housing, disability services, services for older adults, and for youth and adults in the justice system. Here is the [Mental Health Task Force September testimony on department budget requests](#), shared with the County Executive at the September 8th budget hearing. There are still ways to get involved! [Attend a listening session](#) with Chairwoman Nicholson to discuss your concerns and priorities with regard to the proposed 2021 County budget on **Thursday, October 29th from noon to 2 PM**, virtually or in person. The Chairwoman is also hosting chats that explore topics on race & racism: more information is available [here](#).

GRANTS

The Wisconsin Early Childhood Association is disseminating [grant awards](#) of \$2,500 to licensed family and group child care providers in the following Milwaukee zip codes: 53204, 53206, 53209, 53210, 53212, 53215, 53216, and 53218. To be eligible, programs must be open and serving children, and cannot have received a Round 1 ECE Stabilization Grant. [Apply online here](#). Awards will be made on a first-come, first-serve basis until the funds are depleted.

The Robert Wood Johnson Foundation (RWJF) has opened the application process for its [2021-2022 Health Policy Fellows program](#), which is geared toward mid-career health professionals, behavioral and social scientists, and others interested in health and policy. Register [here](#) to join informational webinars on **October 27 at 1 PM**. Interested parties should apply [here](#) by **November 9th**.

[Comprehensive Community Approaches that Address Childhood Trauma to Prevent Substance Misuse](#): a funding opportunity from the National Association of County and City Health Officials, dedicated to the implementation of evidence-based community programs to support the potential substance misuse as a result from adverse childhood experiences. Apply by **November 12, 2020 at 4 PM CT**.

The Advancing a Healthier Wisconsin Endowment has announced a new set of funding opportunities to improve health and advance health equity by supporting innovative and impactful work statewide. All funding applications are due by **5 p.m. (CST) on November 16th**. For more information on these opportunities, visit ahwendowment.org.

FLOURISH has set aside \$700k in funding to assist organizations that wish to implement programs supporting their mission to achieve zero racial disparities in infant mortality. Funded projects must align with one or more of FLOURISH's priority areas: Coordinated Quality Care, Social Determinants of Health (Housing or Transportation), and/or Safe Sleep. Register for the **October 28th** virtual information session [here](#), visit their [website](#) for more examples of eligible projects, and contact Laura.horowitz@gmail.com for more information. Applications are due by **4:50 PM CT on November 20th**.

JOBS

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- City On A Hill Milwaukee is hiring a part-time Community Healthcare Worker! View the job posting and requirements [here](#). Send your resume, cover letter, and salary history to jobs@cityonahillmilwaukee.org to apply.
- Outreach Community Health Centers is seeking an outreach service worker who completes face-to-face assessments with clients in order to make the proper referrals to homeless shelters or to short-term case management, in accordance with agency policies and procedures. See more information and apply [here](#).
- Disability Rights Wisconsin is looking for a new Coordinator! View the job description, requirements, and application at [this link](#).
- Do you have passion for galvanizing social change through advocacy and policy? Generate Health is seeking a full-time Manager of Policy and Advocacy, who will build and implement advocacy strategies that prioritize and advance Generate Health's mission and vision. [Click here for the full job description](#).

Thanks for reading! Best wishes, Oli Schmitz (student intern, they/them)

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