



Hello children's mental health champions!

"Racism is perpetuated through **everyday acts** in nonprofit and philanthropic organizations that aim to do good, without looking inward to ourselves and shifting how we address the root causes for the problems we care so much about." (ProInspire). Nonprofits can focus on [some of these agreements](#) adapted from Tema Okun's work in the [Dismantling Racism Workbook](#). Nonprofits can also be like the Safe Routes Partnership [dropping "enforcement" from the Safe Routes to School 6 E's Framework](#). CCMH brought in [Ubuntu Research and Evaluation](#) to help our coalition do some of this work. It's time that nonprofits [reinvigorate our collective imagination](#).

Many of us who talk with kids regularly want to know how to [talk about race and racism](#), especially with [our youngest kids](#). Increase your own knowledge with [podcasts, videos, and more from Community Advocates staff](#). We know that [as early as 6 months, a baby's brain can notice race-based differences and by ages 2 to 4, children can internalize racial bias](#). The Smithsonian's [National Museum of African American History & Culture has made an engaging portal](#) for you to use based on how you identify (parent, educator, community member). Find tips for talking to kids about these tough issues of race/racism [& LGBTQ issues](#)) through [Rogers Behavioral Health locally, this Black psychologist](#), from [NAEYC](#);

***[Remember: Black Lives Matter. Black Trans Lives Matter. Black Women Matter. Black Families Matter. Black Men Matter. Black Mental Health Matters.](#)***

Share with your network! We now have **over 450 people** [signed up](#) to receive ways to advocate, super helpful resources, grant opportunities, local events, and cutting edge research and news related to improving the mental health of our youngest kids and their families. [Send us](#) any items to include. **Thank you for joining our mission!**

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## CCMH Partner Highlights

### Mental Health America of Wisconsin - EQUITY

- Congratulations to [Martina Gollin-Graves](#), President & CEO of [MHA Wisconsin](#), for being named by the Milwaukee Business Journal as

one their 2020 Women of Influence winners. if you want to name other amazing leaders of color, including women, LGBTQ folx, or people with lived experience with mental health concerns or disabilities, then [submit a nomination today](#) for the **United Way Philanthropic 5 Awards**.

### Milwaukee Health Department - TWO-GENERATION APPROACH

- As part of Men's Mental Health Month, **Troney and Blake** presented on **Male Caregivers and Children's Mental Health** with the **MHD BOMB Doulas program**. Skip ahead to minute 11:00 for when it starts or to minute 36:00 when Troney talks about [systemic racism and Black fatherhood](#). Email Christina, [cremba@milwaukee.gov](mailto:cremba@milwaukee.gov), for more info on upcoming opportunities with the program. You can also "[Ask MHD](#)" program to get your questions answered about COVID-19.

### Institute for Child & Family Well-being- EARLY IDENTIFICATION

- [Join their webinar](#) this **Wednesday, June 17th, 11:00 AM to 12:00 PM** to learn how to use a discrete tool that has been integrated into health and social service settings - the **T-SBIRT (Trauma Screening, Brief Intervention, and Referral to Treatment)**.

### Essentially Empowered Incorporated (EEI) - PARENT LEADERSHIP

- A leader in our Coalition, **Lakeeta Watts**, is providing support groups in July for youth who have experienced trauma related to current events (the pandemic or police brutality). You can learn the basics about EEI and the groups at [either informational session](#) on **June 16th at 5:00 PM** or **June 20th at 10:00 AM**. Contact [Lakeeta](#) directly with questions (262-505-7811). You can read more about Lakeeta in this [Journal Sentinel article](#).

### Office of Children's Mental Health (OCMH) -POLICY CHANGE

- Calling all clinicians working with children! [Register](#) for this Zoom meeting on **June 24th, 10:00 – 11:30 AM** to discuss clinical issues for children; information/support they, their parents and schools need; and what policymakers need to know. Especially because of COVID-19, [policy makers have an even more important role in addressing childhood trauma](#).

### OCMH - SOCIAL-EMOTIONAL DEVELOPMENT & LEARNING

- "When kids are taught the skills needed to build relationships, increase self and social awareness, and make responsible decisions, it leads to life-long mental wellness, academic and career success." "For every dollar invested in social-emotional learning programming, there is an \$11 return on investment in long-term benefits to the student and to the community." Find more in [this most recent fact sheet](#) and check out their [past fact sheets](#).

### Medical College of Wisconsin - RESOURCE FLOW - Get Money

- [Apply](#) for the 2020-2021 **REDIRECT** pilot grants! The Letter of Interest is due on July 24th. The awards are 18-month \$40,000 awards beginning January 2021. Contact [Catie](#) if you have questions.

### Milwaukee Mental Health Taskforce - LIVED EXPERIENCE LEADERSHIP

- Join the taskforce as individuals ("community supporters") or as an organizational member. [View the membership materials here.](#)

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## CCMH Strategy & Value Highlights

### MAKE YOUR VOICE HEARD

- [What would it look like if kids designed cities and buildings?](#) It's been done in Colorado and other places to make places more child and family friendly.
- Get your vote on, people with disabilities! Join this **June 17th, 11:00 AM** [virtual voter training](#) or this **June 23rd, 2:30 PM** [registration & rights training](#). See more in the [Disability Vote Wisconsin newsletter](#).

### PRACTICE CHANGE (+ MONEY) - Early Childhood Education

- [Power to the Profession!](#) Check out the [NAEYC newsletter](#) for more learning resources, including their Virtual Institute. They have plenty of [resources](#) on how to implement their [racial equity statement](#) and [initiative](#). Teach kids [tolerance](#) and [anti-bias](#).
- [Across Milwaukee County, \\$8.8 million has flowed to 748 providers](#) Apply for the next round of funding by June 19. Providers that got funds in round 1 and are eligible for funds in round 2 *do* need to re-apply, though some of their application information will carry over. FAQs and more information [here](#).

### COMPASSION RESILIENCE/PROTECTIVE FACTORS - Newsworthy/Webinars

- [Resilience](#) can help us get through and overcome hardship. But resilience is not something we're born with—it's built over time. Let's [help families and staff build resilience during the COVID-19 outbreak](#). Too many [comforters](#), [healers](#), and [other caregivers](#) overextend themselves and try to stay stoic ("I can't let them see I'm hurting"). [Take care of yourself](#). Maybe practice [the art of breathing](#). Or listen to [the wise words of the Dalai Lama this Friday, June 19th, 9:30 PM](#), as he reflect on our current collective suffering.

### RACIAL EQUITY (HISPANIC/LATINX) - Webinars

- [Arizona Community Health Workers Association](#) has published 6 [webinars](#) in English and [Spanish](#) on mental health.
- June 17- [Fatiga por Compasión: Prevención y Estrategias para](#)

- [June 23- Clinical Applications of Cultural Elements: Engaging and Treating the Hispanic and Latino Client](#)

#### WHOLE HEALTH - Resources

- [Kids will need recess more than ever](#) when back to school. We have to keep in mind the [connection between the brain and the rest of the body](#) when it comes to child development.

#### WORKFORCE DEVELOPMENT - Conferences

- [Submit a proposal](#) by this **Friday, June 19th** to present at the Alliance for Strong Families & Communities 2021 Senior Leadership Conference.
- [Register](#) by **July 24th** (\$20) for the *Endless Possibilities Virtual Conference 2020: A Closer Look at Invisible Disabilities* on **Friday, August 7th**.

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## JOBS

- [Black Birth Worker \(Doula\)](#) at African American Breastfeeding Network (WeRISE Program)
- [Enrollment and Community Engagement Supervisor](#) at Next Door Milwaukee
- [Intake Specialist & Lead Safe Home Program Assistant \(Part Time\)](#) at CR-Social Development Commission
- [Community Outreach Assistant \(Part Time\)](#) at Milwaukee Christian Center
- [Development Coordinator](#) at The Women's Center (Waukesha)
- [Newswriter Volunteer Program](#) at Nonprofit Quarterly (NPQ)

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