



Hello children's mental health champions!

Children's Mental Health Awareness Week may be over this year, but the [messages and resources on our website](#). You can also still celebrate with CCMH partners **today (Tuesday, May 12th)** at the [Milwaukee Mental Health Taskforce meeting](#) from 3:00-5:00 PM featuring [stories from Coalition member's children](#). In addition, there are many other awareness events from last month and happening this month that impact children's mental health. **Last month**, Governor Evers declared **April 2020** as [Small Talks Alcohol Awareness Month](#) and launched its [Small Talks public awareness campaign](#) to help adults talk to youth about drinking alcohol. **This week (May 10-16)** is **National Prevention Week**, a time to [use these resources](#) to continue to promote positive mental health for kids and families. This month is also [Foster Care Awareness Month](#) and [Sexual Assault Awareness Month](#). Finally, officials elected last month were **sworn into their offices this month**, including [David Crowley](#) as the first African-American Milwaukee County Executive. He just announced [appointments for his administration](#).

Thank you for joining our mission! Share with your network! We now have **464 people** receiving top-notch children's mental health information! People can sign up directly [here](#).

CCMH Strategy & Value Highlights

WORKFORCE DEVELOPMENT

- **CCMH** will be hosting its first virtual training on **Thursday, May 21st, 5:30-7:30 PM**. *Change Your Mind on Challenging Behaviors* is for family leaders and Community Health Workers (CHWs). Email Joelis at visionhealthcommunityllc@gmail.com or Blake at blake@mhawisconsin.org to sign up. This training was developed by and will be facilitated by a three-person team of content and context experts (a child psychologist, an infant and early childhood mental health consultant, and a parenting specialist).
- Most of us are new to virtual facilitation, so whether it's a [peer input process](#), a [community of practice](#), or [co-design](#), check out these [virtual facilitation trainings next week](#).

COMPASSION RESILIENCE - *Screen Time*

- [Here are some ways](#) you can find that balance that works for you for video call, so they are [not as exhausting](#). As with any compassion resilience, this is also on [leaders to plan and support](#). Check out more resources on screen time and other COVID-19 [supports for you, your team, or your family from REDgen](#).

AUTHENTIC ENGAGEMENT & FAMILY LEADERSHIP

- Check out [the recording and resources from our webinar](#) with the [Institute for Child & Family Well-Being](#) discussing this topic. [UPLAN](#) and [Annie E Casey Foundation](#) each released reports this Spring where young parents share their stories and recommendations for change ([here is the Spanish version of the UPLAN report](#)). We can work toward [family-centered community healthy systems \(FCCHS\)](#).
- In a time when [Scientific American writes about the short- and long-term impacts](#) of federal decisions on children's health and when [intimate partner violence and child abuse are on the rise during COVID-19](#), a coalition of organizations have released a [joint statement on resisting reactive policies and supporting justice for families in child welfare](#). One of the recommendations is to elevate youth and parent voice.
- For more resources, check out the Chicago-based [COFI \(Community Organizing and Family Issues\)](#) and their "Fighting For Our Families" COVID-19 platform: "*we call for families to have a meaningful seat at the table (even when those tables are virtual) and to be engaged as full partners in developing short-term relief measures as well as long-term solutions that reduce disparities so that all families can succeed.*"

EARLY RELATIONSHIPS

- We know that [hope and positive experiences in early childhood, built from stable, nurturing adult relationships](#) are vital for healthy brain development. This is especially important as we consider how [COVID-19 is disparately impacting children of color](#). Join [this virtual release and discussion](#) on Thursday, May 14th, 1:00-2:00 PM of the new Framework's Institute report "*Building Relationships: Framing Early Relational Health*".

SYSTEMS CHANGE - RESOURCE FLOW- *Grant Opportunities*

- [Resist invites applications](#) for social change and social justice grants up \$4000 for grassroots organizations. **Deadline: June 5th.**
- **Due every Monday this month**, apply for [Voices for Healthy Kids COVID-19 Rapid Response Grant Opportunity](#). Funding up to \$50,000 for systems change, including policy advocacy.
- [Help spread telecommunication access](#) to people with low-income or people with disabilities through the [Public Service Commission of Wisconsin's Access Fund](#). **Deadline: May 26th.**

LOVE FOR MILWAUKEE

- Check out [This is Milwaukee](#) project to hear from neighbors reflecting on our city. People in this city are working hard to [build bridges](#) and [make protective gear](#) to help the community. Make sure to [share your appreciation](#). You can also [still help create masks](#) or [request your own](#) through #MaskUpMKE.

SYSTEMS CHANGE - *General*

- Webinars
 - [The Power of One: The Role of an Individual in Systems Change](#) - Tuesday, May 12th, 12:00-1:00 PM
 - [System Change: COVID, Nonprofits & the Economy: A Roundtable Discussion](#) - Thursday, May 21st, 1:00-2:00 PM
 - [Theatre for Change: Using Theatre as a Tool for Community Change](#) - Tuesday, May 26th, 1:00-2:00 PM
 - Frameworks/Tools
 - [Scenario Thinking for an Unpredictable Year: Status Quo is Not an Option](#)
 - [Non-profit and Systems Innovation in Times of COVID-19](#)
 - [Equitable Systems Transformation Framework for COVID-19](#)
 - [Building for Justice: Strategic Thinking in a Long-Term Crisis](#)
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CCMH Partner Highlights

Office of Children's Mental Health (OCMH) - *Make Your Voice Heard*

- After a successful [Children's Mental Health Awareness Day social media campaign](#), OCMH wants to hear how you used their materials. [Complete this survey to do so](#). They also want to carry on the momentum of youth voice and peer support through through a [Virtual Listening Session on Youth and Young Adult Mental Health](#) on Thursday, May 21st, 6:00-7:30 PM. [RSVP here](#).

Next Door - *Local Opportunity*

- You have another chance to see [No Small Matter](#). [RSVP here](#) to see the screening tomorrow (Wednesday, May 13th) at 8:00 AM.

Our TreASures - *Super Helpful Resources*

- This parent-led group focused on families with kids on the Autism Spectrum shares their voice on Youtube. [Check it out](#).

Institute for Child & Family Well-Being (ICFW) - *Training/Early Support*

- [Screening has been super important](#) to catch social-emotional concerns early so support can be provided early. More can be done and will need to be done, since [child trauma may be on the](#)

[rise](#). [Join this webinar](#) on June 17th at 11:00 AM to learn more about a promising tool called [T-SBIRT \(Trauma Screening, Brief Intervention, & Referral to Treatment\)](#). Check out these tip sheets for home-visitors or [this resource center for technical assistance](#). As for early support, [in their recent newsletter](#), ICFW covered how to [build brains with CARE](#), Child-Adult Relationship Enhancement, and how to adapt [Parent-Child Interaction Therapy \(PCIT\)](#) [virtually](#) for toddlers.

Disability Rights Wisconsin - *Newsworthy*

- [Nearly 40 Wisconsin & National Disability and Aging Advocates File Amicus Brief Explaining Heightened COVID-19 Risks to People with Disabilities and Older Adults](#)

Advancing a Healthier Wisconsin Endowment (AHW) - *Newsworthy*

- [Bridging the Information Divide: Bringing COVID-19 Information to Wisconsin's Hmong Community](#)

COVID-19

Continue checking out our [resource page](#) where you can find... other resource pages, such as the [maternal health list for Every Mother Counts](#). You can also find [Play at Home guides](#) from Playworks. If you have other resources, then [complete this survey](#) from the Milwaukee County's Office on African American Affairs so they can develop [guides like this one](#). Share all these resources plus these [simple infographics on COVID-19](#) from the Medical College of Wisconsin.

There are plenty of places still helping us [connect](#), [heal](#), and [celebrate](#) even in this time. The R&R House, veteran peer-run respite through MHA Wisconsin, has their Warmline open (262-336-9540).

[It's okay](#) to [not be okay](#). Remember to [take care of yourself](#), take [care of one another](#), and to keep [community as essential](#).

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